

## SIDE CHOICES

Choose One or get Half & Half

### Chow Mein

510 cal

### Super Greens

90 cal

### Fried Rice

520 cal

### White Steamed Rice

380 cal

### Brown Steamed Rice

420 cal

## MORE CHOICES

Chicken Egg Roll 200 cal

\$1.95

Veggie Spring Rolls (2) 190 cal

\$1.95

## A LA CARTE BOXES

### Entrees

150-1960 cal

Premium  
Entree

### Sides

90-1040 cal

Sm \$4.10 | \$5.35

Med \$7.40 | \$9.90

Lg \$10.10 | \$13.85

Med \$3.10

Lg \$4.10



## DRINKS



Fountain 0-570 cal

\$2.40 | \$2.60 | \$2.80

Bottled Water



\$1.95

Bottled Drinks

Prices Vary

Juice

\$2.75

 Spicy  Wok Smart | 300 calories or less & at least 8g of protein

2,000 cal/day is used for general nutrition advice. Calorie needs vary. More nutrition information available upon request.

# PICK A MEAL



**BOWL** 240-1010 cal  
1 entree & 1 side

starts at\* \$6.30



**PLATE** 390-1500 cal  
2 entrees & 1 side

starts at\* \$7.80



**BIGGER PLATE** 540-1990 cal  
3 entrees & 1 side

starts at\* \$9.30

Limit 3 entrees per plate

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## FAMILY FEAST

starts at\* \$34.00

240-1990 cal per person

3 lg entrees & 2 lg sides · serves 4-5

# ENTREE CHOICES

Check the line for Chef's Specials

Orange Chicken  490 cal


String Bean Chicken Breast  190 cal

Kung Pao Chicken   290 cal

Mushroom Chicken  220 cal

Beijing Beef  470 cal

Broccoli Beef  150 cal

Shanghai Angus Steak  310 cal

Honey Walnut Shrimp  360 cal

Grilled Teriyaki Chicken  300 cal

SweetFire Chicken Breast  380 cal

Black Pepper Chicken  280 cal

\*  Additional Premium Charge: Entree +\$1.25 | Family Feast Entree +\$3.75